

Session 7:

Voices From the Start: Using Infant Experience to Shape Better Care and Family Support





Better Together: A relational approach to building a National Framework to Strengthen Parent–Infant Relationships

Becky Saunders

Strategic Clinical Lead, National PAIR Framework programme

becky@parentinfantfoundation.org.uk

The need

- Everyone has a role in protecting and promoting the parent-infant relationship
- Many practitioners are already doing this
- **Too many babies miss out** on the sensitive, nurturing relationships that shape their lifelong development. There is no national guidance or pathway to ensure every baby is reached.



Specialist teams within a wider system



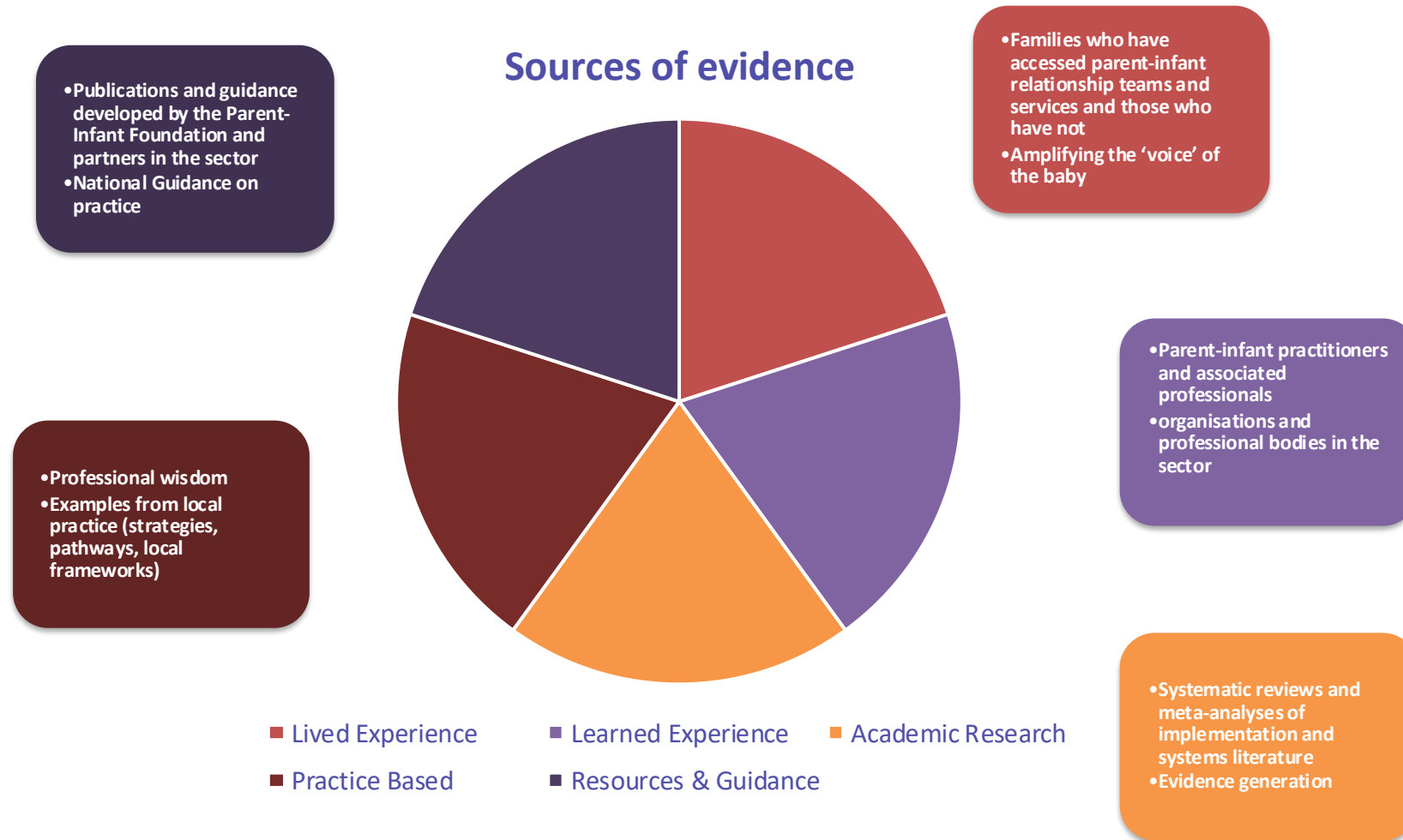
Specialised parent-infant relationship teams are part of an ecosystem which promotes and protects the parent-infant relationship



A focus on babies' experience



Integrating a range of evidence



Next steps



Anna Freud

- Delphi Study
- Stakeholder survey
- Research protocol

IDEAS
ALLIANCE

Ideas Alliance

- Asset mapping
- Participation Grid
- Development of co-production panel
- Community research

Parent-Infant
FOUNDATION

Parent Infant Foundation

- Ongoing stakeholder engagement
- Launch of Task & Finish Groups
- Comms & branding



Participation - including the voice of the baby



Participation and Baby Voice grid

Type of Engagement	Definition	Practical Examples	Parent Voice	Professional Voice	Baby Voice	Developing methods	Challenges	Enablers
Inform	Sharing information about Parent Infant Relationships so people understand what we mean							
Consult	Asking for people's opinions on one or more ideas and options for Parent Infant Relationships							
Engage	Listening to people's experiences of parent infant relationships to understand issues and discuss ideas for change							
Co-design	Designing support for Parent Infant Relationships with people and incorporating their ideas into the final approach							
Co-production	An equal partnership where people with lived and learnt experience work together from start to finish							

